



PARK BEAT

The Pulse of Greater Boulevard Park

Boulevard Park Neighborhood Association • Box 163179, Sacramento 95816 • August 2012



National Night Out Progressive Potluck Dinner Tuesday, August 7 (6:00 – 9:00 pm)

National Night Out, "America's Night Out Against Crime," was introduced in 1984 by the National Association of Town Watch to get residents and businesses to be a visible presence on their own streets as a means of reducing crime. Boulevard Park Neighborhood Association, in partnership with Marshall School/ New Era Park Neighborhood Association, celebrates National Night Out annually with a progressive "on-the-streets" dinner. As in past years, the two neighborhood organizations have organized a three-course event. Each course is potluck – bring your favorite dish to whichever location it best fits.

We look forward to seeing you at one or all of the locations:

Potluck hors d'oeuvres: 6:00 pm

22nd Street median between the alley and G Street
Hosts: Liz and Hal Edmonds, Lorna and Tom Martens

Potluck entrée: 7 pm

2431 H Street (25th & H Streets)
Hosts: Fred Hull & Susan Allair

Potluck dessert: 8 pm

Marshall Park "Tot Lot"
(off 28th Street between J and I)
Host: Carrie Pedersen

Interested in Running for the BPNA Board?

The Nominations Committee is looking for people who may be interested in serving on the BPNA Board of Directors. Serving on the Board is a great way to give back to your neighborhood! The Nominations Committee will start interviewing potential board candidates on August 15th. If you are interested in possibly serving on the board, or have questions about what is involved, contact a member of the Nominations Committee. Members of this year's Nominations Committee are Hal Edmonds (capnhal@gmail.com), Asha Jennings (ashajennings@gmail.com), Greg Smith (lafnlupn@pacbell.net), and Rob Sperling (sperlingr@gmail.com). The nomination and election schedule is as follows:

- ⌘ *June 15 – August 1: Expressions of interest in Board service by qualified BPNA members may be made to the Nominations Committee.*
- ⌘ *August 15 – Sept 30: Nominations Committee interviews candidates, candidates free to contact Board members to discuss candidacy.*
- ⌘ *October 5: Nominations Committee presents nominations to Board.*
- ⌘ *November: Nominations by Board announced in monthly newsletter, Park Beat.*
- ⌘ *November – December: Anyone not nominated who is interested in being nominated from the floor is free to develop support among the Membership.*
- ⌘ *January 2013: General meeting and Board election.*

July General Meeting and BBQ

About 40 BPNA neighbors met in the Common area bordered by F and G Streets and 21st and 22nd, for the 3rd annual July general meeting and barbecue. Steve Hansen, City Council candidate for District 4 was on hand, as was Liz Studebaker, president of the Midtown Business Association. BPNA Chair Asha Jennings facilitated a discussion of the proposed pilot program for residential parking on Second Saturdays, outlined in last month's newsletter (boulevardparkna.org/NEWSLETTER.html). Ad-hoc teams, organized by Jan Seaman, tried their hands at the first annual bean-bag toss tournament. Chris Fogel, the Canadian son-in-law of Tom and Lorna Martens, narrowly beat-out Jan Seaman for the final win. Despite rumors to the contrary, we do not believe this victory to be a predictor of outcomes at the Olympic Games. A good time was had by all – even the losers. Many thanks go to Tom and Lorna Martens and family for hosting, and to Tom for grilling many, many, many hot dogs for our consumption.

Places to Go, People to See

Every Monday – Monday Night Skate – 7:00 p.m. Meet at the parking lot at the corner of 3rd and S Streets. For more information, go to www.sacramentoskating.com or call Brian Malone at 715-2808 or Bernard Scoville at 447-8288.

Certified Farmers' Markets Return To The Central City!!!

Open from 10 a.m. to 2 p.m.

- Tuesdays: Fremont Park, 16th & P; Roosevelt Park, 9th & P
- Wednesdays: Cesar Chavez Park, 10th & J streets
- Thursday: Capitol Mall, 6th & Capitol Capitol Park, 15th & L

Tues. Aug. 7 – National Night Out Progressive Dinner – 6:00 p.m. to 9:00 p.m. (see front page article for locations).

Sat. Aug. 11 – Friends of the River Bank – 10:00 a.m. to Noon – DRAGONFLIES!!! Meet at the very end of 28th Street in Sutter's Landing Park (see article). Note start time is 1 hour later than usual.

Sat. Aug. 11 – Second Saturday Art Walk – Each month, galleries around town stay open late into the evening to showcase specific artists and new showings. Many serve wine and hors d'oeuvres. Check out their web site at sacramento-second-saturday.org.

Wed. Aug. 15 – Interviews for BPNA Board members begin (see front page article)

Wed. Aug. 15 – Copy and Ad Deadline for September issue of Park Beat. To submit articles and calendar entries, email Asha Jennings at ashajennings@gmail.com or call 803-7409. To place an ad, call Jim Younkin at 997-5081 or email jayounkin@gmail.com.

Sat. Aug. 18 – Green Thumb Brigade – SUMMER HOURS – 8:00 to 10:00 a.m., (meet in the alley behind 711/715 22nd Street)
Note: summer's most important task is to keep the devices watered. If you enjoy the street greenery and are willing to help our leafy friends, contact Sally Flory O'Neil at 446-3390 or sfoneil@comcast.net for more information on what needs watering or other ways you can help.

Sat. Aug. 18 – Hands on History at Sutter's Fort – 10:00 a.m. to 4:00 p.m. Pioneer games and card sharks! Admission \$7 for adults, \$5 for youth (6 to 17 yrs old), children 5 & under free. Call (916) 445-4422 for more information.

Fri. Aug. 24/Sat. Aug. 25 – California Dental Foundation Free Dental Clinic – 7:00 a.m. – 6:00 p.m. at Cal Expo. Dental professionals and technicians are needed to work with patients, and community volunteers are needed to assist with registration, clinic setup, data entry, escorting patients, translating, and more. To volunteer call Robyn Alongi at (916) 554-5305.

Farm Stand Now Open in Marshall Park!

Fresh, locally grown produce comes to Midtown! The Marshall Park Farm Stand is located in Marshall Park (27th and J Streets) and is open on Wednesdays from 10:00 a.m. until 2:00 p.m. The project is a collaboration between Ethel Hart Senior Center & Midtown Business Association. Call 808-5462 if you're interested in helping.



GUESS WHO'S COMING TO DINNER? (We hope it is you!)

Don't forget the **BPNA Annual Spaghetti Dinner** will be held on Second Saturday, **September 8, 5:30 p.m. - 8:00 p.m.**, 21st and G Streets.

This annual event is a terrific way to get to know your neighbors while eating pasta and salad in a beautiful setting. The food is fine, with homemade spaghetti sauces and salad dressings, garlic bread and desserts, as well as a selection of wines, beers and other non-alcoholic beverages. The evening also includes the presentation of our annual award honoring an individual or family for outstanding service to BPNA and our community. Entertainment for the kids includes our local singer Parie Woods, face painting, and sidewalk chalking – plus, kids will also have their very own dessert table – FKO (For Kids Only)!

An even better way to get to know your neighbors is to work side by side with them (1) setting up Saturday morning at 9:00 a.m.; (2) working in the kitchen stirring sauces, monitoring boiling pasta, tossing salads, and shuttling food from the kitchen to the serving tables (45 minute shifts); (3) serving food (45 minute shifts); and (4) cleanup on Sunday at 9:00 a.m. for about an hour. Contact Suzie Johnston at 397-9294 or suzyqnquincy2@sbcglobal.net if you are willing to volunteer.

Regardless of whether you can volunteer this year, please come and join us – enjoy the evening, the food, and the company of friends and neighbors!



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	Suzie Johnston	397-9294	suzqquincy2@sbcglobal.net
	Julianne Richards	443-6149	jrichards@cde.ca.gov
	Catherine Turrill	498-0437	turrillc@csus.edu

Boulevard Park Neighborhood Association purpose: The BPNA is created to support, promote, and improve the quality of life for the residents of the greater Boulevard Park neighborhood. By achieving this goal we strive thereby to improve the quality of life for others who work and live in and around Boulevard Park and for Sacramento as a whole.

Docents Needed for the 37th Annual SOCA Home Tour

The final plans for the annual SOCA home tour are underway and all houses have been selected. On Sunday, September 16, 10 a.m. to 4 p.m., tour participants will be able to visit five homes in Sacramento's Poverty Ridge neighborhood, known for Queen Anne, Craftsman, Colonial Revival, and Classical Revival styles. This lavish hill-top neighborhood ironically became known as Poverty Ridge after 19th century flooding forced poverty-stricken citizens to temporarily find refuge on the high ground of this neighborhood. Several homes on this year's Tour have not previously been seen on home tours. Two additional buildings will be open: the McClatchy Library in Poverty Ridge, and a model home in Tapestry Square, a new infill development off 21st Street. The free street fair will be on 22nd Street and will include local contractors and artisans specializing in historic home rehab and remodeling; businesses, artists, and craft persons displaying their wares; and nonprofit, advocacy, and history organizations. Local musicians will perform at the street fair next to the historic Ella K. McClatchy Library on 22nd Street.

The Boulevard Park Neighborhood Association will be docents for the house located at 2022 22nd Street. Readers of Park Beat who would like to volunteer their services as docents during this year's tour are asked to contact Julianne Richards at 443-6149; Julianne will be the "house captain" for the house. In exchange for working a two-hour shift at the house, volunteer docents will have the opportunity to visit their assigned house before the tour to be briefed on house details, will get a discounted tour ticket (only \$10), and are rewarded for their efforts with pasta, salad, wine & beer at the wrap-up party in the neighborhood at the end of the afternoon.



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Committees

Membership: Sally Flory-O'Neil, 446-3390

Preservation: Suzie Johnston, 397-9294

Park Beat Production Team

Editor: Margaret Buss, 448-6246, mbuss@jps.net

Advertising Manager: Jim Younkin, 997-5081, jayounkin@gmail.com

Graphic Designer: Kevin Boyd, 442-4429, silverpixelworks@att.net

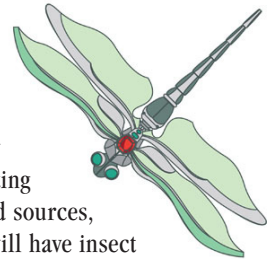
Block Captain Coordinator: Joe Cress, 698-7938, cressj@saccounty.net

Great ad rates! Call Jim at 916.997.5081 for details.

Don't forget! The deadline for ads and copy for the September issue of *Park Beat* is August 15 by 5:00 p.m.!

Friends of the River Banks Present: AMAZING DRAGONFLIES

The very popular Dragonfly Guy Greg Kareofelas will return for another presentation about the amazing dragonflies at Sutter's Landing Park on August 11. These prehistoric creatures fly thousands of feet above the earth, navigating wind currents to come down to their food sources, which is where we can see them. FORB will have insect nets available for kids to capture them and see them at close quarters. The program starts at 10:00 a.m. rather than the usual 9:00 to give the dragonflies time to wake up for the show. Please leave your dogs at home and bring a change of clothes for your little ones. Meet at the north end of 28th Street next to the skate park with your questions, interest and, if you have them, insect nets.



Mark your calendars for upcoming FORB 2012 events: **September 15**, the Great American River Clean-Up; **October 13**, Celebration for the Return of the Salmon.

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Love Your Bike? Keep It Safe!

One of the joys of midtown is the burgeoning bicycle community, but, sadly, as the popularity of biking grows, so are reports of bike thefts. If you don't want to lose that prized possession, you must take care to secure your bike. Below is a summary of tips on how to protect your bike (full article available at sacramento.press.com/headline/41590/Tips_for_detering_bicycle_thieves).

- ⌘ Always, always, always lock your bicycle. Invest in a high-quality lock. U-locks are good at securing your bike and easy to travel with. Other locks that bind the seat to the frame, and pins that go through the wheels, prevent thieves from undoing a quick-release mount and walk off with a piece of the bicycle.
- ⌘ Lock up as much of the bike as possible – run the lock through the frame and the rear wheel. If you can, take the front wheel off and run the lock through it as well.
- ⌘ Try to keep your bike where you can see it. While this is not always possible when you use your bike for running errands, it is especially important overnight. The safest thing to do is bring it inside, if that is possible.
- ⌘ Record the serial number of your bike, and keep it with the sales receipt and a photograph of the bike. The serial number is typically located on the bottom of the bicycle's frame and can be read when the bike is turned upside down. Police will, when they stop a bicyclist, check the serial number to see if the bike was stolen, just as they do license plates on cars at vehicle stops. For even broader protection for valuable bikes, register it with the National Bike Registry (NBR), a nationwide database (\$10 for ten years; discount for families – go to <https://www.nationalbikeregistry.com/register.html>)
- ⌘ If your bike is stolen, report the theft to the Sacramento Police either online at sacpd.org/reports/fileonline/ or at one of the police stations. You can also consult the NBR. If you know your serial number and report the theft, you have a much higher chance of being reunited with your bike.

Thieves are ingenious and brazen– a couple of years ago, some even cut down a small tree in order to get the bike that was chained to it! Protect your two-wheeled treasure, and keep on biking!

New Block Captain Coordinator

As reported in last month's Park Beat, Hal Edmonds is passing the torch as Block Captain Coordinator, after many years of moving Park Beat from the printer to your doorstep. Joe Cress has graciously volunteered to step in as the new Block Captain Coordinator, for which we are very grateful. Many thanks go to Hal for his years of service, and to Joe for taking it on.

Wild in the 'Hood

We are urbanites living in the core of the central city, but, living near the confluence of two rivers, we share the space with wildlife of all kinds, not just the human variety. Robert Sewell, our resident nature photographer and Promoter & Protector of "The Back Forty" (our side of the American River), captured this picture of barn owls nesting in palm trees on 21st Street in the heart of the neighborhood. Not far away is a nest of red-shouldered hawks; you can hear their cries morning and afternoon (keep your kittens and budgies inside!) As Robert tells us, keep your ears and eyes open –wild things live among us.



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Hot Times – Summer in the City...

Temperatures rise during the summer months in Sacramento, and we can get complacent about taking the heat seriously. Here are some simple tips to survive the summer and still enjoy the hot weather. Ensure the safety of your loved ones – check on family members, friends, and neighbors during heat waves.

- ⌘ Never leave your loved ones (children and the elderly are most susceptible), including pets, in a parked vehicle, not even for what you think will be “just a minute.” Even with the windows cracked open and even in the shade, the car’s inside temperature on a day of only 85 degrees F will climb to 102 degrees in 10 minutes, and to 120 degrees in 20 minutes. A dog whose body temperature rises to 107-108 degrees will within a very short time suffer irreparable brain damage – or even death.
- ⌘ During the hot weather you’re more vulnerable to dehydration, even if you don’t feel thirsty, and even if you are sitting still. If working or exercising outside, medical experts suggest drinking a cup every 15 minutes (if you are on a fluid-restricted diet, consult your doctor before increasing the amount of fluid intake). Limit drinking fluids containing alcohol and caffeine.
- ⌘ Eat light meals regularly, and avoid hot and heavy foods.
- ⌘ Wear sunscreen of SPF 15 or higher, and re-apply every two hours.
- ⌘ Dress appropriately – Wear light-colored, lightweight attire.
- ⌘ Use a wide-brimmed hat to protect the face and head, or use an umbrella or parasol: the extra shade provided for your head, neck and shoulders makes a difference – they are popular in the Southern Hemisphere cultures for good reason!
- ⌘ Keep cool – don’t let yourself get overheated. Take cool showers or baths.
- ⌘ Limit exposure to the sun by staying indoors as much as possible, especially during the hottest hours of the day (3 p.m. – 6 p.m.).
- ⌘ If you don’t have air conditioning at home, consider a trip to the mall, theaters, public libraries, or other public buildings. Also, don’t forget an old-fashioned fan can make a difference in your home.
- ⌘ In serious heat emergencies, the City and County will open ‘cooling centers.’ Check on your more vulnerable family and neighbors, and make sure they have transportation.
- ⌘ And remember, tempers can rise along with temperatures...drive safely, think cool, and chill out.



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Historic Homes of Boulevard Park

Camelia Court (2309-2315 H Street)

Camelia Court is a good example of the quaint style of period-revival housing associated with California. Its overall appearance recalls a mid-1920s project in Los Angeles known as the Bavarian Cottages, located near the original Walt Disney Studios, that reminded visitors of the cozy cottage homes of Snow White’s seven dwarfs. The Camelia Court was built in about 1929, a few years after the Bavarian Cottages. The close cluster of ten small scale homes (four duplexes and two single homes) offers both privacy and sense of community. The mixture of brick, white stucco, exposed dark timber framing in the gables and steep wood shingled roofs reflect a Scandinavian style. Today they could be viewed as a model for infill housing.

It was dubbed Camelia Court by an early resident-manager, Marie Madsen who had emigrated from Denmark with her husband and daughter; she continued living at the Camelia Court until the 1960s. A charming 1942 photograph of the Madsen couple standing just outside Camelia Court appears in both Sacramento’s *Boulevard Park* and Sacramento’s *Midtown*. Other early residents included the County Assessor, a DMV clerk, a Post Office clerk, a nurse and three department store managers for businesses called the Nonpareil, the White House Sewing Maching Company and the Royal Chesterfield Manufacturing Company.



Critter Corner

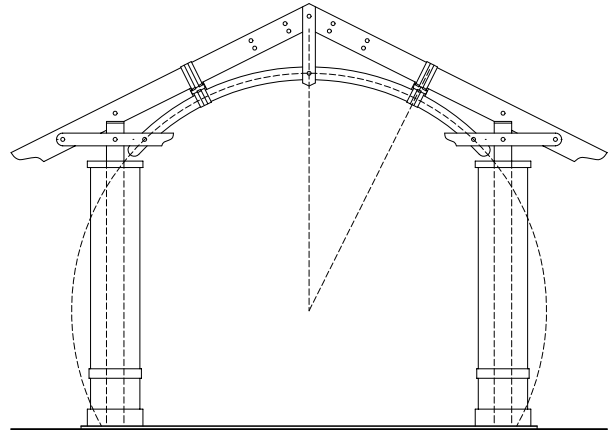
Board Member **Catherine Turrill**, a professor of art history at Sac State, has an alternate home in Italy with her Italian husband and cat Caruso. She sends this report: "Caruso is large, well-furred, and well-known with a strong personality and even stronger voice (hence his name). He inhabits



the entire neighbourhood with an assured manner, turning parked cars into nap-spots and the neighbor's kitchen window ledge into a cafeteria. When my husband and I stroll out for a cup of espresso after dinner, he escorts us to the local milk-bar (latteria) and waits outside until we are ready to leave (he used to come inside but is no longer friends with the owner's irritable cat, Muffy). Indeed, he determines our route: under his direction, we go obediently to that particular latteria (not one of the fancier places in the city center). When we have finished our coffee, we don't walk directly home. Still led by Caruso, we take a side route through the short, cobblestoned street known as Campofranco ("French Field"). It is said that duels used to be held there, even though it is between an old convent and a walled garden, so seems an unlikely spot for a gun or sword fight! For Caruso, it is a convenient litterbox, and everyone knows it. On evening as we walked from the latteria in the direction of Campofranco, we passed a local resident with his curly-haired grandson. Looking at the cat, the toddler gleefully cried "Caruso!" and then, with joy and anticipation, "Cacca!" Caruso seemed only mildly embarrassed by the greeting, but he did wait until the child was gone and we were alone in Campofranco before he "performed." The latteria/Campofranco stroll is a daily ritual, and almost everyone we pass seems to know Caruso, although newcomers find it odd. Once a woman told us that it simply was not normal to walk a cat, and someone else commented that, far from walking the cat, we were being walked by Caruso!"

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Boulevard Park Neighborhood Association Membership Form

Send form with your \$15.00 check per member (or what you can afford) for the remainder of the calendar year to:

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